



**Alcoholics Anonymous**  
(705)725-8682 BARRIE AND AREA INTERGROUP

**Literature  
Hours**

Tues. & Thurs.  
12-4p.m.  
Mon. & Fri.  
4-7p.m.

[www.barrieaa.com](http://www.barrieaa.com)

Central Office  
622-80 Bradford St.  
Barrie, ON  
L4N 6S7

**705-725-8682**

**December, 2011**



**Next  
Barrie & Area  
Intergroup Meeting  
Friday, Dec 9th at  
7:00 pm  
Central United  
Church  
54 Ross Street,  
Barrie**

**Georgian Bay South  
District 8  
District Committee  
Meeting  
Sunday, Dec 11th  
At 1:30 pm  
St. Georges Anglican  
Church  
Corner of Burton Ave  
and Granville St,  
from 1:30 to 3:00  
pm.**

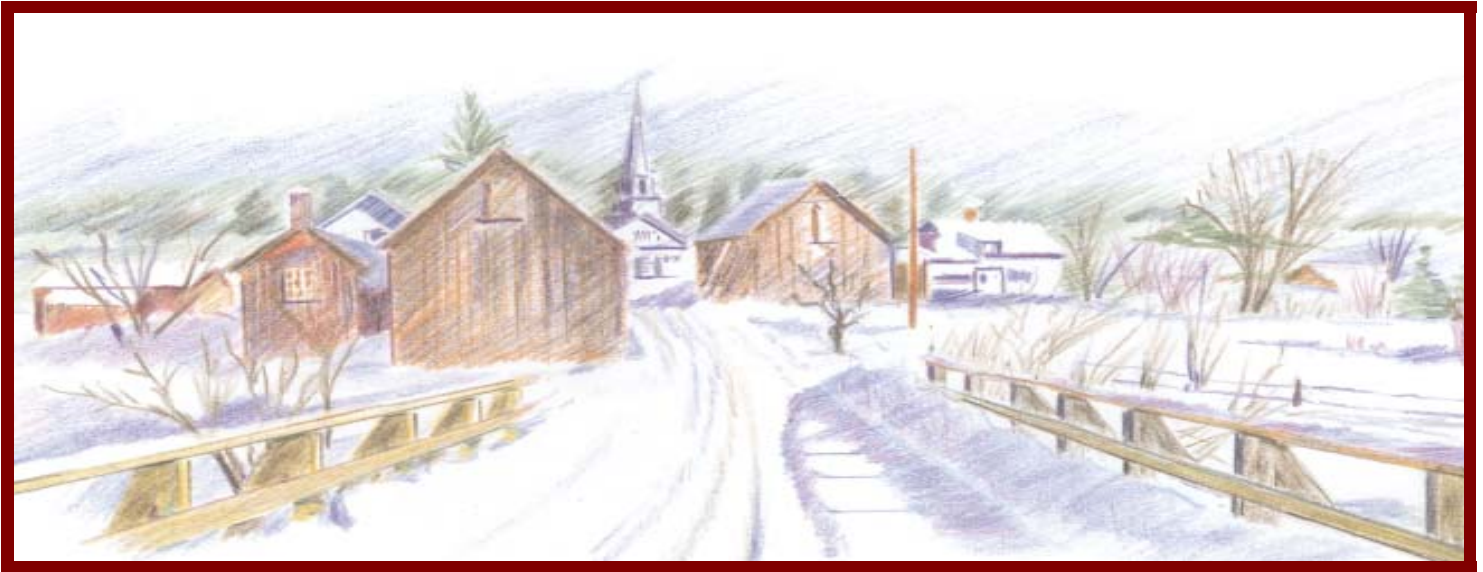


*Merry Christmas!  
To All!  
From: District 8  
& Barrie and Area Intergroup Have a  
Sober Xmas  
One Day at a Time!*

# ***Featured Articles***

## **Twelve Tips on Keeping Your Holiday Season Sober and Joyous**

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



- 1) Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.
- 2) Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.
- 3) Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A member or two or three...
- 4) Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.
- 5) Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.
- 6) If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.
- 7) Don't think you have to stay late. Plan in advance an "important date" you have to keep.
- 8) Worship in your own way.
- 9) Don't sit around brooding. Catch up on those books, museums, walks, and letters.
- 10) Don't start now getting worked up about all those holiday temptations. Remember— "one day at a time."
- 11) Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.
- 12) "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

4-5-9, Holiday Issue 2008 *reprinted with permission of A.A. World Services, Inc*

## A Vision for You

*Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.*

*Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.*

*May God bless you and keep you - until then.*

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## **Upcoming Events!**

For more detailed listing of events, Members Birthdays & Updated Meeting List  
[www.barrieaa.com](http://www.barrieaa.com)

### **New Years Eve**

### **Mardi Gras Dance!!!!**

**Saturday 31 December 2011**

**8:30 - 12:30 am**

### **Where?**

**Central United Church  
 54 Ross Street, Barrie**

**Tickets Available From: Intergroup or social function committee:**

**705-725-8682**

***Merry Christmas to you and to your families and a happy, joyous, sober New Year!***

Articles are always welcomed!! "Your experience strength and hope"  
 Contact [newslettereditor@barrieaa.com](mailto:newslettereditor@barrieaa.com) , or Benny at 705-241-1562