



Published monthly  
for members of the  
Barrie and Area A.A.  
groups.

[www.barrieaa.com](http://www.barrieaa.com)

**Literature Hours:**  
Tues. & Thurs 12-4

Central Office:  
622-80 Bradford St.  
Barrie, ON, L4N 6S7  
(705) 725-8682



Newsletter Editor:

[newslettereditor@barrieaa.com](mailto:newslettereditor@barrieaa.com)

**Barrie & Area  
Intergroup Meeting**  
Friday, April 11th at  
7:00 pm  
[Central United  
Church](#)  
54 Ross Street,  
Barrie

**Georgian Bay South  
District 8  
District Committee  
Meeting**  
Sunday, April 13th at  
1:30 pm  
[Dufferin Oaks  
Retirement Centre\\*](#)  
151 Centre Street,  
Room C, Shelburne

*Mark Your Calendar*

2008

**District 13-Niagara South Round  
Up**

Saturday, 5 April 2008  
The Leisureplex, 3 Municipal Centre  
Drive  
Fort Erie, Ontario

The 21st Annual  
**Brampton Springathon**  
Saturday, 12 April 2008  
Loafer's Recreation Center  
30 Loafer's Lake Lane, Brampton,  
Ontario

32nd Annual  
**Barrie Spring Roundup**  
Saturday, 19 April, 2008  
Collier Street United Church  
112 Collier Street  
Barrie, Ontario

**Spring-A-Thon 2008**  
25 & 26 April 2008  
Travelodge Hotel  
1376 Carling Avenue/Queensway  
Ottawa, Ontario

**43rd AA Niagara Blossom Time  
Convention**  
2,3 4 May, 2008  
Niagara Falls, Canada  
[www.blossomtimeconvention.com](http://www.blossomtimeconvention.com)

*Check the web:*  
[barrieaa.com](http://barrieaa.com)

for a detailed listing of events  
& Updated Meeting List

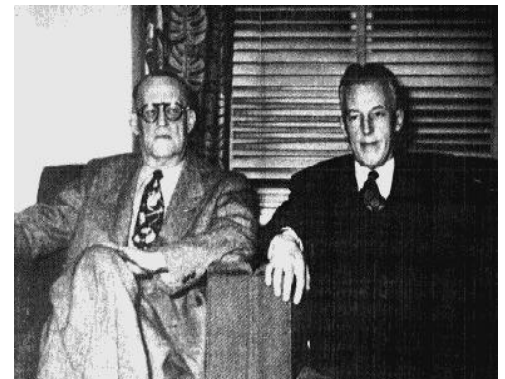
**In Memory of  
Kevin Gregory**

*Kevin Gregory passed away at  
his family home in  
Peterborough on the 1st of  
March. Kevin was a member of  
Barrie AA for a number of  
years. He will be missed.*

*A Memorial gathering will be  
held in Peterborough on the  
15th of March from 1 to 4 pm  
at the United Church (corner  
of Hunter and Mark Streets).*



The Co-Founders of Alcoholics Anonymous  
Dr. Bob Smith & Bill Wilson  
1879-1950 . . . 1898-1971



**Barrie A.A. Central Office Twelve Step Work**

**February 2008**

12 <sup>th</sup> Step .....	3	Alanon/Alateen .....	0
A.A. Meeting Information .....	14	Walk-Ins .....	17
A.A. General Info .....	16	Website hits.....	587

# Birthdays & Anniversaries

## March 2008

Name	Anniversary	Sober Date	To Be Celebrated	Meeting
Dennis C.	1 Year	1 March		Golden Anniversary Group
Debbie Mc.	15 Years	4 March	7 March	Golden Anniversary Group
Lorraine S.	20 Years	4 March	7 March	Golden Anniversary Group
Doug P.	15 Years	8 March		Golden Anniversary Group
Roly P.	15 Years	8 March		Alcona Serenity Group
Cassandra L-G	6 Years	9 March		Alcona Serenity Group
John L.	1 Year	13 March		Golden Anniversary Group
Cindy R.	20 Years	18 March		Alcona Serenity Group
Mary Jean W.	15 Years	22 March	28 March	Wasaga Beach Friday Night Step & Tradition Group
Ernie A.	33 Years	22 March		Tuesday Victory Group
Paul S.	5 Years	22 March	22 March	Golden Anniversary Group
Joe M.	14 Years	22 March		Golden Anniversary Group
Dan B.	6 Years	23 March		Saturday Night Georgian Group
Glen C.	17 Years	23 March		Golden Anniversary Group
Lesley B.	2 Years	24 March		Alcona Serenity Group
Nick W.	21 Years	25 March		World Famous Bradford Group
Rose R.	26 Years	27 March		Golden Anniversary Group

## April 2008

Name	Anniversary	Sober Date	To Be Celebrated	Meeting
George B.	4 Years	1 April		Alcona Serenity Group, Stroud
Joan B.	16 Years	3 April		Base Borden Group
Gordon F.	8 Years	14 April		Alcona Serenity Group, Stroud
Sandy G.	16 Years	15 April		Base Borden Group
Bob H.	8 Years	24 April		Tuesday Victory Group



*Happy Birthday to those celebrating milestones of sobriety... those 24hrs add up!*



### Tradition Three

Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. Group, provided that, as a group, they have no other affiliation.

## ~ IMPULSIVENESS ~

It is especially important not to make major life changes when you are guided by emotions. If you are emotionally excited (either in the positive or negative), wait until you calm down before taking action.

Rabbi Zelig Pliskin

:~\*~: .:~\*~: .:~\*~: .:~\*~: .:~\*~: .:~\*~: .:~\*~:

When I first entered into recovery this was one of my main character defects. Since my life was out of control and spiraling downward, I acted impulsively and rarely did any thinking before acting. I wouldn't even admit that my actions were impulsive. I would get so mad at people if they said I was impulsive.

Thanks to the steps I now have the tools that allow me to look at my actions in a new light - one of sanity and direction.

**Step One** allowed me to admit that I was addicted to alcohol (and other substances/behaviours) and my life was unmanageable.

**Step Two** allowed me to let others in to help with my problem. I was not in this alone.

**Step Three** gave me a loving G-d to take care of growing me up and helping me with all my problems.

**Step Four** brought things into perspective,

**Step Five** brought healing from the shame of making those irreparable mistakes.

**Steps Six and Seven** helped me look at what in me could be prayed about and improved. They taught me that this character defect was just a character asset being used improperly.

**Steps Eight and Nine** brought me back into a right relationship with others.

**Step Ten** keeps me focused in the now not the "what if's" or "you need to's" of the past. Sanity seemed to be coming from that awareness of living in today.

**Step Eleven** gave me the gift of a God that is ever caring and always present to help me if I just do my side of the work. As a result I have a spirit of love today rather than a spirit of resentment and self-pity.

**Step Twelve** might be the most important one because it is what keeps me in recovery and living a productive life.

Today I do not have to react immediately to every thing that happens, I can even go to my sponsor and ask for guidance. If my sponsor doesn't have experience in that area I have a world full of people like me to go to who understand what I am experiencing. The tools give me a way to handle life on life's terms.

## ONE DAY AT A TIME

I will chose to live and recover in the 12 steps.



# 32nd Annual Barrie Spring Roundup

## *Freedom Through Action*

Saturday April 19th 2008

Collier Street United Church  
112 Collier Street, Barrie

**Doors Open at 9:00am**

*Pre-registration prior to  
April 12th is required*

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Alcoholics Anonymous - Alanon - Alateen

Tickets: \$30.00 for day, dinner and dance

Day Pass: \$10.00

Dance: \$5.00

Panels - Guest Speakers - Fellowship - Banquet - Dance  
**Round-Up & Speaker Tapes + Literature Available on Site**

GO TO... →

[www.barrieaa.com](http://www.barrieaa.com)

← ...GO TO

705-487-0525

### **32nd Annual Barrie Spring Roundup**

Mail this form with your Cheque/Money Order payable to:

"Barrie Social Functions Committee"

93 Dunlop St. E., Ste 302, Barrie, Ontario, L4M 1A8

Tickets Required: \_\_\_\_\_ @ \$30.00 = \$ \_\_\_\_\_

Name: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Pre-registration prior to April 12<sup>th</sup> is required

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