



INSIDE THIS ISSUE:

Article pg 1
 Prayers pg 1
 Intergroup Stats pg 1
 Birthdays pg 2
 Tradition 6 pg 2
 At end of day pg 3
 Poem pg 4
 Upcoming Events pg 4
 Stuff pg 4

Literature Hours:
 Tues. & Thurs 12-4
 2nd & 4th
 Wednesday/mo
 5-7pm

www.barrieaa.com

Published monthly for
 members of the Barrie
 and Area A.A. groups.

Central Office:
 622-80 Bradford St.
 Barrie, ON, L4N 6S7
 (705) 725-8682



Newsletter Editor:

newslettereditor@barrieaa.com

We are back in action!

Please notify me
 with any Info!

Thanks

Carol T.

This is such a great example of AA.

His name is Bill. He has wild hair, wears a T-shirt with holes in it, jeans, and no shoes. This was literally his wardrobe for the past four years of life. He is brilliant, kind of profound and very, very bright. He became an alcoholic while attending college. Things have only gone down hill since. Across the street from the campus is a well-dressed, very conservative A.A. club. They want to develop a meeting for the students but are not sure how to go about it. One day Bill decides to go there. He walks in with no shoes, jeans, his T-shirt, and wild hair. The meeting has already started and so Bill starts looking around the room for a seat. The room is completely packed and he can't find a seat. By now, the well dressed people are really looking a bit uncomfortable, but no one says anything. Bill gets closer and closer and closer to the front of the room, and when he realizes there are no seats, he just squats down right on the carpet. By now the people are really uptight, and the tension in the air is thick. About this time, the evening's speaker realizes that from way at the back of the meeting, an "old timer" is slowly making his way toward Bill. Now the "old timer" is in his eighties, and has silver-gray hair, and a three-piece suit. A spiritual man, very elegant, very dignified, very courtly. He walks with a cane and, as he starts walking toward this boy everyone is saying to themselves that you can't blame him for what he's going to do. How can you expect a man of his age and of his background to understand some college kid on the floor? It takes a long time for the man to reach the boy. The meeting is utterly silent except for the clicking of the old man's cane. All eyes are focused on him. You can't even hear anyone breathing. The speaker can't even continue the meeting until the "old timer" does what he has to do. And now they see this elderly man drop his cane on the floor. With great difficulty, he lowers himself and sits down next to Bill and welcomes him so he doesn't feel outcast and alone. Everyone chokes up with emotion. When the speaker gains control, he says,

"What I'm about to say, you will never remember.

What you have just seen, you will never forget."

"Be careful how you live. You may be the only Big Book some people will ever read".

I asked the Lord to bless you as I prayed for you today.

To guide you and protect you as you go along your way.

His love is always with you, His promises are true, and when we give Him all our cares, you know He will see us through.

Submitted by Maureen M. Sunday Nighters



Barrie A.A. Central Office Twelve Step Work

May 2007

12 th Step	3	Alanon/Alateen	5
A.A. Meeting Information	20	Walk-Ins	19
A.A. General Info	17	Website hits.....	487

Birthdays & Anniversaries

June 2007

Name	Anniversary	Sober Date	To Be Celebrated	Meeting
Art C.	40 Years	31 May	27 June	Wednesday Fellowship Group
Steve B.	8 Years	7 June		Love and Service Group, Alcona
Ian K.		11 June		Alliston Group
Cindy S.	1 Year	16 June		Alcona Serenity Group, Stroud
Russell W.	9 Years	18 June		Alcona Serenity Group, Stroud

July 2007

Name	Anniversary	Sober Date	To Be Celebrated	Meeting
David J. DCM District 8	15 Years	1 July	4 July	Beginning to Live Sober Group
Rod D.	3 Years	1 July		Saturday Night Georgian Group
Peter D.	5 Years	1 July		Alcona Serenity Group, Stroud
Mike R.	4 Years	2 July	30 July	Base Borden Group
Dave G.	7 Years	13 July		Alcona Serenity Group, Stroud
Roman T.	2 Years	15 July		Alcona Serenity Group, Stroud
Marilyn T.	8 Years	29 July		Alcona Serenity Group, Stroud

August 2007

Name	Anniversary	Sober Date	To Be Celebrated	Meeting
Phillip L.	25 Years	1 August	To be announced	Alcona Serenity Group, Stroud
Hine J.	23 Years	10 August		Alcona Serenity Group, Stroud
Marg M.	13 Years	15 August		Alcona Serenity Group, Stroud
Diane K.	22 Years	19 August		Alcona Serenity Group, Stroud
Phil H.	2 Years	27 August		Alcona Serenity Group, Stroud



Happy Birthday to those celebrating milestones of sobriety... those 24hrs add up!



Tradition Six

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

NIGHT PRAYER

God forgive me where I have been resentful, selfish, dishonest or afraid today. Help me to not keep anything to myself but to discuss it all openly with another person - show me where I owe an apology and help me make it. Help me to be kind and loving to all people. Use me in the mainstream of life God. Remove worry, remorse or morbid (sick) reflections that I may be of usefulness to others.
AMEN (p. 86 BB)

AA NIGHTS

When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Were we thinking of ourselves most of the time? Or were we thinking of what we could do for others, of what we could pack into the stream of life? But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God's forgiveness and inquire what corrective measures should be taken.
(from "Alcoholics Anonymous pg. 86)

EXCERPTS FROM 12 & 12

And when we turn away from meditation and prayer, we likewise deprive our minds, our emotions, and our intuitions of vitally needed support. (p. 97 in 29th printing/ p. 100 in 10th printing) One of its first fruits is emotional balance. With it we can broaden and deepen the channel between ourselves and God as we understand Him. (p. 101-2 / 104) But its object is always the same: to improve our conscious contact with God, with His grace, wisdom, and love. (p. 101 / 104) As the day goes on, we can pause where situations must be met and decisions made, and renew the simple request: "Thy will, not mine, be done." If at these points our emotional disturbance happens to be great, we will more surely keep our balance, provided we remember, and repeat to ourselves, a particular prayer or phrase that has appealed to us in our reading or meditation. Just saying it over and over will often enable us to clear a channel choked up with anger, fear, frustration, or misunderstanding, and permit us to return to the surest help of all - our search for God's will, not our own, in the moment of stress. (p. 102-3 / 105)

In A.A. we have found that the actual good results of prayer are beyond question. They are matters of knowledge and experience. All those who have persisted have found strength not ordinarily their own. They have found wisdom beyond their usual capability. And they have increasingly found a peace of mind which can stand firm in the face of difficult circumstances . . . We discover that we do receive guidance for our lives to just about the extent that we stop making demands upon God to give it to us on order and on our terms. (p. 107 / p. 104) . . . Any experienced A.A. will tell how his affairs have taken remarkable and unexpected turns for the better as he tried to improve his conscious contact with God...new lessons for living were learned, new resources of courage were uncovered, and that finally, inescapably, the conviction came that God does "move in a mysterious way His wonders to perform." (p. 104-5 / 107)

SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD ... PRAYING ONLY FOR HIS WILL AND THE POWER TO CARRY THAT OUT. HAVING HAD A SPIRITUAL AWAKENING ... WE TRIED TO PRACTICE THESE PRINCIPLES IN ALL OUR AFFAIRS.

Attention all men serious about their program.

The "Get a Grip" men's group is a meeting for those men that want to hear what they need to hear. This Big Book discussion has a loose format that is honest and to the point. It's no B.S. approach is sure to enhance your program and keep you sober. This group meets every Tuesday at 7 pm at 105 Collier St. in Barrie.

Rx for Sobriety

Smith & Wilson A.A.

12 Steps practiced in all our affairs -- Pages 59-60

Trust Higher Power & Clean House -- Page 98

Share Experience, Strength and Hope

Stay Active in Service

One Day At A Time for the rest of our life

A handshake, smile and hug as often as possible

Recovery Guaranteed

*Dr. Bob S.
Bill W.*

As though lying upon a sunlit beach, let us relax and breathe deeply of the spiritual atmosphere with which the grace of this prayer surrounds us.

Let us become willing to partake and be strengthened and lifted up by the sheer spiritual power, beauty, and love of which these magnificent words are carriers.

Let us look now upon the sea and ponder what its mystery is; and let lift our eyes to the far horizon, beyond which we shall seek all those wonders still unseen.

(Twelve Steps and Twelve Traditions pg. 100)

"What you seek --
You will not find --
Unless you share it!"

Please Submit for July Newsletter by July 6th....

Thanks,
Newsletter Editor

Food For Thought

Doesn't "expecting the unexpected" make the unexpected expected?

"To admit you are wrong today is simply saying you are wiser than yesterday."

Mark Your Calendar

New meeting:

Love and Service Group

Innisfil Community Church
1571 Innisfil Beach Rd, Alcona
8:00 pm [C]

Georgian Bay South - District 8 District Committee Meeting

Sunday, June 10th, 2007 at 1:30 pm

*[St. George's Church](#)

Burton & Granville Street, Barrie

Barrie & Area Intergroup Meeting

Friday, July 13th, 2007 at 7:00 pm

*[Central United Church](#)

54 Ross Street, Barrie

Georgian Bay South - District 8 District Committee Meeting

Sunday, July 15th, 2007 at 1:30 pm

*[St. George's Church](#)

Burton & Granville Street, Barrie

Founders' Day

Akron, Ohio

8, 9 & 10 June 2007

Ontario South Al-Anon Alateen

Trillium 2007

[Celebrating Our Recovery](#)

Doubletree International Plaza Hotel
655 Dixon Road, Toronto, Ontario
22, 23, 24 June 2007

Hamilton and Districts A.A.

39th Annual Autumn Leaf Roundup

Sheraton Hamilton Hotel

14, 15, 16 September 2007

Check the web:

barrieaa.com

for a detailed listing of events