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Literature Hours:
Tues. & Thurs 12-4
 2nd & 4th
Wednesday/mo
 5-7pm

www.barrieaa.com

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We are back in action!

Please notify me with any Info!

Thanks

Carol T.

Think Think Think

I would like you all to Open your minds and THINK about these statements:

- a) That We were alcoholic and could not manage our own lives.
- b) That probably no human power could have relieved our alcoholism.
- c) That God could and would if He were sought.

We THOUGHT we could find an easier, softer way. But we could not.

The word Think, Though and Thinking is mentioned numerous times in the Big Book for a reason.

If you read from Chapter 2 to Chapter 6 in fact it is mentioned so many times that I had no other choice but to start to Think! For after all: God Gave Us a Brain to Use it! (in Big Book)

So, it is very important that I not tell you my opinion of the Slogans but what I have learned from the first 100 people who were able to stay sober and But for the Grace of God, Bill Wilson put their ideas down on paper so stupid drunks like me might have a chance at a different way of life and thinking.

Most of us have been unwilling to admit we were "Real Alcoholics!" No person likes to "THINK" he is bodily and mentally different from his fellows. Pg 30.

"Though Process!" THINKING!

What sort of "THINKING" dominates an alcoholic who repeats time after time the desperate experiment of the first drink? What is He THINKING? Pg 35.

Examples on pg. #36, 41 in special print. Many more pages talk about Our Thinking and Thoughts. Some can be found on pgs #41,48, 53, 55, 68, 72, 73, 74.

Selfishnes---self-centeredness! That, We THINK is the root of our troubles. Pg. #62.

So Our troubles, We THINK are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn't THINK so. Pg. #62,

So, if you want recovery, THINK about this:

I'm a Real Alcoholic who is bodily and mentally different from my fellows. I just CAN'T drink like normal people.

I don't THINK I need God's help;

I KNOW I NEED HIS HELP TO CHANGE MY WAY OF THINKING!

Submitted by Rob H. The Real Alcoholic, the Alcona Serenity Group

Birthdays & Anniversaries

Group	Date	Member	Sobriety	Info
Alcona Serenity Group	April 1 st	George B.	3yrs	Happy Birthday
Alcona Serenity Group	April 14 th	Coedon F.	7yrs	Happy Birthday
Alcona Serenity Group	May 2 nd	John B.	3yrs	Happy Birthday
Alcona Serenity Group	May 5 th	Doug M	35yrs	T.B.C. May 28 th
Alcona Serenity Group	May 10 th	Phil W.	9yrs	Happy Birthday
Alcona Serenity Group	May 16 th	Ben R..	1yrs	Happy Birthday
Alliston Group	March 18 th	Ken B.	1 yr	Happy Belated Birthday
Alliston Group	March 20 th	Debbie M.	1 yr	Happy Belated Birthday
Base Borden	April 3 rd	Joan B.	15 yr	T.B.C. April 30 th
Base Borden	April 15 th	Sandy G.	15 yr	T.B.C. April 30 th
Tuesday Collier Group	April 25/75	Marie F.	32yr	Happy Birthday
Tuesday Collier Group	April 30/83	Joan M.	24yr	Happy Birthday
Tuesday Collier Group	April 20	Rob M.	1yr	Happy Birthday
Tuesday Collier Group	May 1	Steve W.	19	Happy Birthday
Tuesday Collier Group	May 3	Delmer S.	9yrs	Happy Birthday
Tuesday Collier Group	May 3 rd	Roseanne	9yrs	Happy Birthday
Tuesday Collier Group	May 9 th	Cameron M.	1yr	Happy Birthday
Tuesday Collier Group	May 9 th	Sean R.	8yr	Happy Birthday
Tuesday Collier Group	May 9 th	Rayner Mc.	31yr	Happy Birthday
World Famous Bradford Gr	April 5 th	Michel B.,	2 yr.	Happy Birthday
World Famous Bradford Gr	May 4 th	Mike S.	1 yr.	Happy Birthday
World Famous Bradford Gr	May 9 th	Gloria Gail S.	1 yr.	Happy Birthday



Happy Birthday to those celebrating milestones of sobriety... those 24hrs add up!



Tradition Four

4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole. With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of the General Service Board. On such issues our common welfare is paramount.



Barrie A.A. Central Office Twelve Step Work

March 2007

12th Step
 A.A. Meeting Information
 A.A. General Info

Alanon/Alateen
 Walk-Ins
 Website hits.....714

ENVY

In everyday conversations, we hear words and phrases such as “competitive edge”, a “fight to the finish”, and “survival of the fittest”.

This human trait, taken to the extreme, culminates in envy. It is not always easy to love another person, particularly when we see him or her as a rival who appears to threaten our lifestyle.

Yet, there is a normal and natural competitive spirit in everyone. However, when taken to the extreme, it becomes ENVY.

If we are unhappy at someone else's good fortune or rejoice when misfortune strikes another, we cut ourselves off from the natural course of life. We become bitter about life and risk locking ourselves in a prison of resentment.

ENVY INCARCERATES THE HEART OF SADNESS.

How do we break this cycle? First, we must work on our self-confidence, celebrate small victories, and place our confidence in a Higher Power. Then we will not feel humiliated or diminished and can honestly appreciate another's success.

YOU WILL BE HAPPIER

Attention all men serious about their program.

The "Get a Grip" men's group is a meeting for those men that want to hear what they need to hear. This Big Book discussion has a loose format that is honest and to the point. It's no B.S. approach is sure to enhance your program and keep you sober. This group meets every Tuesday at 7 pm at 105 Collier St. in Barrie.

"An alcoholic is an individual who takes the most simple program and works on it until he has reduced it to it's most complicated form."

"Pain is the greastest gift -- God gives to the alcoholic."

"IF YOU HAVE NOT FOUND THE PEACE OF MIND
YOU KEEP HEARING ABOUT IN A.A. --
TRY TAKING THE STEPS!"

*Mark Your Calendar***31st Annual Barrie Spring Roundup
"Just for Today"**

Collier Street United Church
112 Collier Street, Barrie
21 April 2007

The Usual Suspects**First Annual 12 Step Weekend**

Red Pine Motor Inn & Convention Centre,
497 Victoria Street East, Alliston
11, 12, 13 May 2007

Barrie & Area Intergroup Meeting

Friday, May 11th, 2007 at 7:00 pm

*[Central United Church](#)

54 Ross Street, Barrie

Check the web:

barrieaa.com

for a detailed listing of events

Ninth Step Promises

The choice is ours...

Do we want more of what brought us to AA ...

We were having trouble with personal relationships, we couldn't control our emotional natures, we were a prey to misery and depression, we couldn't make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of real help to other people—was not a basic solution of these *bedevilmments* more important ... ? *3rd ed. Big Book pg. 52*

... or do we want what practicing the principles of AA promises?

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

3rd ed. Big Book pg. 83 & 84